



CHILDREN'S CHURCH WORKBOOK

*lesson 14*

**PSALMS 91**

**HOME SCHOOL SERIES**

A FREE CHURCH ONLINE RESOURCE  
TO HELP TEACH CHILDREN

COMMONWEALTH  
**CHURCH**

## WE LOVE TEACHING OUR CHILDREN THE WORD OF GOD

Jesus himself said, "Let the little children come to me and do not hinder them, for to such belongs the kingdom of heaven" (Matt. 19:14). We don't have to hold back. But our kids do need guidance and direction. This is why God instructs parents to teach God's law "When you are sitting in your house, and when you are walking by the way, and when you lie down, and when you rise" (Deut. 11:19).

### LESSON 14

### PSALMS 91:14

#### 1. Open in prayer

2. **Ice Breaker:** How you play this ice breaker is you write out the 1st letter of the word on a piece of paper or to glue, fixed, attached. How it would look like is G \_ \_ \_ then you would ask your child/children to give you a letter which will help you spell the word. If they did not give you the next letter then you would add the next letter, GL \_ \_ then you would ask if they know what the next letter is, if they did not know you would add the next letter, as you keep asking they would either spell the word or you would spell it by adding each letter. **The point of the ice breaker is get our children to think about what their lesson is going to be about.**

3. **Read Psalm 91:1 - 2 The reason you ask your child/children to read Psalms 91:1&2 is all the promises in verse 3 to 16 is dependent on following what it says in verse 1&2.**

4. **Memory verse:** "Because he has set his love upon Me, therefore I will deliver him; I will [a]set him on high, because he has known My name. Psalms 91:14 NKJV - **Refer to Practical Application - fixed together** When teaching the memory verse use glue and stick onto another piece of paper, **YOU COULD DESIGN YOUR OWN MEMORY VERSE - The point is it is a practical application of what it means to be attached to the Lord.**

5. **Object lesson: Casting weights** - Begin by picking up a bag of shopping and say to your child/children this is easy to carry, now pick up another bag of shopping and say this is also easy to carry. Now carry these bags around with you until they become heavy and no longer easy to hold in your hands. Once they become tiresome put them down, demonstrate and say to your child/children the longer I carried them the heavier they became and I HAD TO PUT THEM DOWN. If you want you can allow your child/children an opportunity to experience what you were demonstrating. Just make sure the bag is relative to their age and size. Once they have experienced what you went through say the Lord says in Psalms 91:14 **Because he has set his love upon Me, therefore I will deliver him**, Now explain to your child/children If you are going to set your love upon the Lord and make him 1st it's important nothing else gets in the way which will weigh you down. Just like the bags of shopping which weighed you down and became a hindrance anything which gets in the way of our love for the Lord we must let it go. Now say to your child/children, remember the verse says the writer set his love upon the Lord. **The point is just like us your child/children focus and affections have the opportunity to be swayed by what is happening around them. It takes effort and choice to set our heart towards the Lord even when this should be the most easiest thing to do.**

6. **Discussion: What's important:** Begin by asking your child/children what or who is the most important person/thing they love? allow for them to tell you. Depending on their age you may have to explain what it means to love and how it is demonstrated. Now explain just like we love mum and dad it is very important we love the Lord. Once they understand what it means to love and how important it is to love the Lord you can explain why we put him 1st. Now say to your child/children it does not mean we shouldn't love others especially our family or friends as they also are important to us. It's just when we read the memory verse it says when we choose set our love on him he has said he will be there to deliver us. **The point of the discussion and what is the most important is helping our child/children to always have their heart 1st place focused on the Lord.** In a world where the system is driven and designed to take our children's attention this is not easy. that's WHY IT IS IMPORTANT we explain, talk and show them why choosing Christ first makes sense.

**7. Practical Application: Fixed together** – Begin by saying to your child/children let's find something in the home which needs to be fixed or glued back together. If there is nothing which is required then take the time together and draw something which could be glued to another piece of paper. You also may find a design which needs to be cut out and glued as a completed object. The idea is we want to demonstrate what something fixed or attached together looks like. Once you have completed the task ask your child/children why did you use the glue? Allow them to answer, if they do not know explain the purpose of the glue is to make sure the picture or the item is firmly attached and does not fall apart. Now say in Psalms 91:14 it says we are to set our love on the Lord or as the writer of Psalms 91:14 says **Because he has set his love upon Me**, this means the writer was saying he made a decision to give his heart, focus and attention to the Lord and nothing else was more important. Just like the glue will stick and seal to make sure the object does not disconnect or be moved as believers we can choose to set our heart towards Jesus. Therefore doing everything to love him. **The point is you want to help your child/children understand what it means to set their affections and heart on the Lord. Just like the glue is a tool to stick and attach items or objects if they are going to love the Lord their heart will need to be fixed on him. Remember it's a choice and one at some point they are going to have to make if their life will be to serve and follow the Lord.**

**8. Object lesson: Binding together** – begin by choosing a item or object which you could wrap tight. It may be food which you want to leave in the fridge. Once you have chosen the item or object which will be wrapped go and get cling film. Now say to your child/children I need to wrap for example a piece of meat or a cake and leave in the fridge. If you want you could allow them to help you. Just make sure when you apply the cling film all areas are sealed tight. Once you are finished explain to your child/children just like we have wrapped the food or cake together the word to set his love in Psalms 91:14 means more than to just love. It also means to bind or knitting oneself to anything. In other words we are as it would be to bind ourselves to the Lord, in the sense of a clinging together of our whole self. **THIS IS THE PERSON THE LORD SAID HE WOULD DELIVER.** One who has this love for him regards the Lord more important than anything or any one else. Just like the cling film this person has wrapped himself so tight to the lord it affects every part of his life. Once you have explained to your child what it means to cling tight to the Lord ask them for practical examples where this could be seen or demonstrated. Remember the writer who wrote this Psalm was not perfect so what's important is what can be found in the heart. Areas where this love could be seen is in their words, their actions, their thoughts and especially in how they regard obeying or following you as parents. **The point of the lesson is to show what it meant to the writer in his love for the Lord but also because the Lord spoke and identified his love/devotion to him he made this promise he would deliver him/her.** The Lord knows those who belong to him and to those he says because they love me I WILL DELIVER. Not based on our children or ourselves being perfect but because of this love we have for him.

**9. Practical Application: Doing something you like** – begin this lesson by deciding to do some sort of activity your child/children would like. For example say to them we are going to the park or it maybe play a game with them they like. What ever you choose it must benefit them. When you are finished the activity or event ask your child/children why do you think I said I would take you to the park or play a game with you. Allow them to answer, once they have told you say the reason is because I love you therefore chose this for you. Now say to your child/children just like I said we would go to the park or play a game the Lord spoke in Psalms 91:14 and said because the writer had such a love for the Lord he would set him on high. What do you think it means to be set on high? Allow for your child/children to answer, if they do not know say it means the Lord will take us out of where evil remains. It doesn't mean we will not experience trials and temptation but it does mean because of our love for him we will be out of reach from environments which would be detrimental to our Christian Faith. Why? because the writer knows his name, just like a life guard will rescue the person drowning in the sea or swimming pool the Lord will rescue the one who loves him. **The point of the Lesson is just like you said you would take your child out or play with them the Lord said to the writer of Psalms 91:14 he would set him/her on high. What I want your child/children to see is the Lord made a promise which he initiated rooted in the Love the writer of Psalms 91:14 had for the Lord.**

**10. Sword Drill:** Begin by explaining to your child/children that you are going to call out a bible verse and the quickest person to find the verse is the winner. Explain before you start you need each child to hold their bible with their hands raised in the air. Once you have the verses call them out and say find ( it is good if you play also ) The verses you are going to use is Proverbs 28:10, 2nd Timothy 4:18, 2nd Peter 2:9, Nahum 1:7, Colossians 1:13 **The point of the Sword drill is to show that the Lord is the God of rescue and deliverance to those who belong to him.**

**11. GAME: What's the name** – The way the game can be played is you would cut the pictures out and make into flash cards. You then pick for example 5 cards and not let anyone see them until its your turn. Then you would show them 1 by 1 so giving the rest of the players a chance to name what it is identified on the picture. The person who was able to name the most pictures would be the winner. Another way you could play is all the pictures would be concealed. Someone would turn each picture one by one so you could identify the picture. Each person would then write down on their own piece of paper the name of what is on the picture. The person who names the most pictures correct would be the winner. You could mix the pictures with animals, cars or anything you would like to pick For example <https://www.kids-world-travel-guide.com/top-10-famous-landmarks.html> Now explain the reason for the naming game is when you read Psalms 91:14 the Lord said because he has known **my name** he would set him on high. Now explain just like you would of needed prior knowledge to identify each picture the writer would only know the Lords name because of his personal knowledge of who he is. At this point if your child had not ever prayed a prayer to trust in the Lord this would be a good opportunity. You could explain you can only know his name by 1sthaving a friendship with him. **The point of the game is to demonstrate knowing the name of the Lord is important. As the saying says it's not just what you know which is important but who you know. As believers with out knowing the Lord as our savior you can not be saved. Because the writer of Psalms 91:14 knew his name and was known by the Lord their was the promise of his deliverance. Nothing has changed because as a believer we know the Lord has promised to deliver us not just now but from a eternal point of view.**

**12. Practical application: Call my name** - Begin by saying to your child/children I want to demonstrate why it's important and who can call on the Lords name. To help the application of what you want to demonstrate is when your child calls you by what name do you respond. Is it mum/dad or in some cases I have known parents to allow their child to call them by their name. I know for me and my wife our boy must call us as mum or dad. What's important at this at what name do you respond, is it dad or is it mum. The name which gets your attention is the name at which you will respond when they call. If they are young you can write out names which could be used to call out your name. If your child/children are older and understand what you want give them the freedom to chose. The key part of this application is at no point do you respond until you hear your name being called, Now explain that you need them to go into another room where they can not see you and call the names which you have wrote or for them to chose names which will cause you to response. As they call the names which they have chosen do not respond but once they call you by the name you expect from them respond and go to them. Once you have arrived ask your child/children what name did I respond to and why? Allow for them to answer. Now explain because you are my child/children when you call I will come. The reason I will respond is because you are my child/children therefore belong to me. When you call your dad or mum it will get our attention and therefore we will respond. In the same way the writer of Psalms 91:14 had the revelation that the Lord would deliver him because he knew his name. His confidence could only be there because he knew the Lord for himself. The writer could only write this verse if he heard the Lord speak it to him. **The point of the lesson is to help our children know it's when you know Jesus as savior they can call on his name. Also calling on the Lord is the starting point to eternal life and our relationship with the Lord.**

**13. Bible Passage: Matthew 14:22-33** – When Peter was about to be drowned in the sea Jesus took him by the hand and rescued him. Peter by the hand of Jesus was lifted up out of a situation which could have been disastrous. **The point is Jesus demonstrated practically he was a rescuer in the sea where the wind was boisterous. He hasn't changed towards those who love him.**

**14. Prayer time:** As you come together to pray thank the Lord that as a believer he knows your name. Also thank him because you know him you can confidently call on his name.